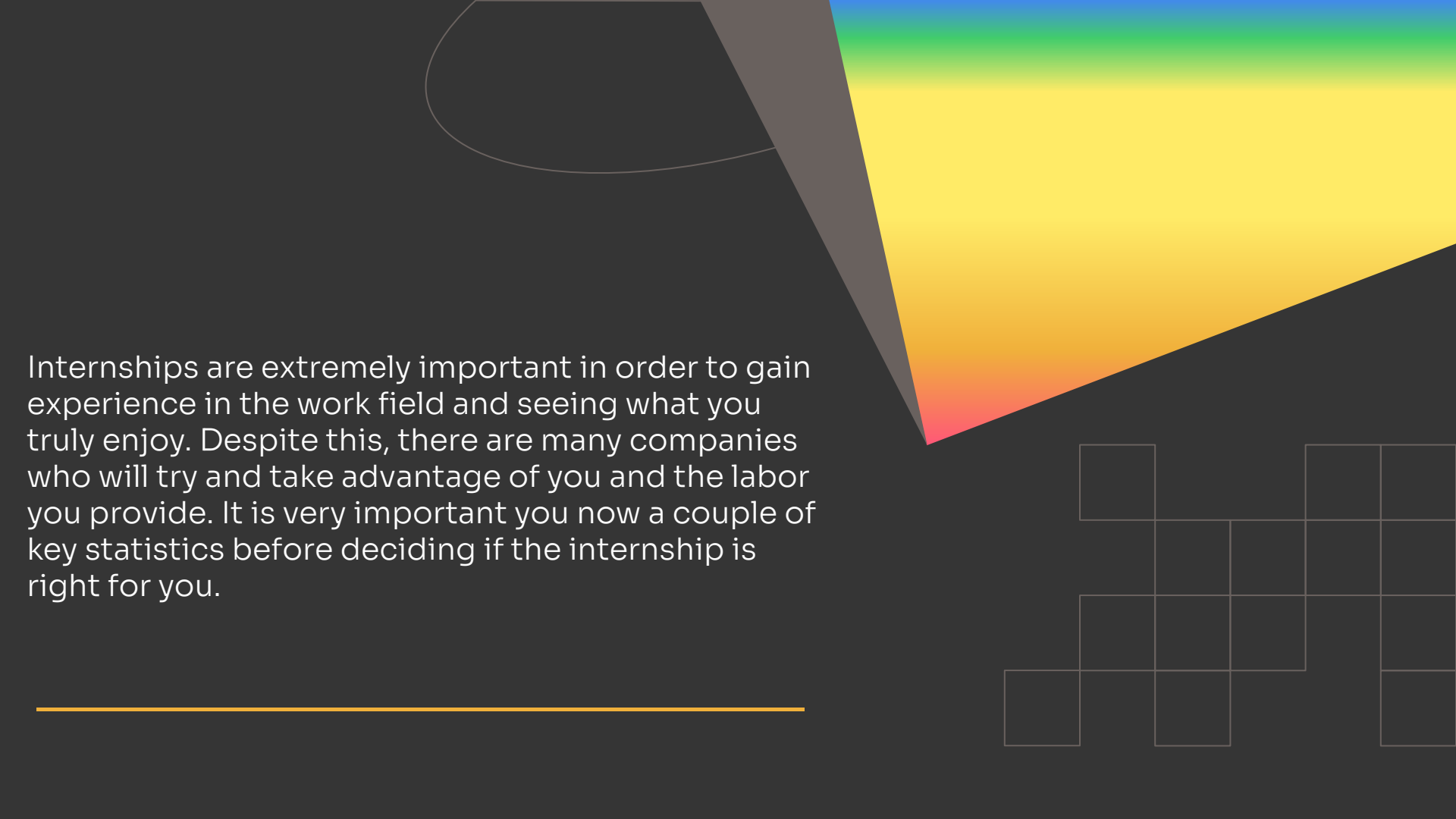




# Internships

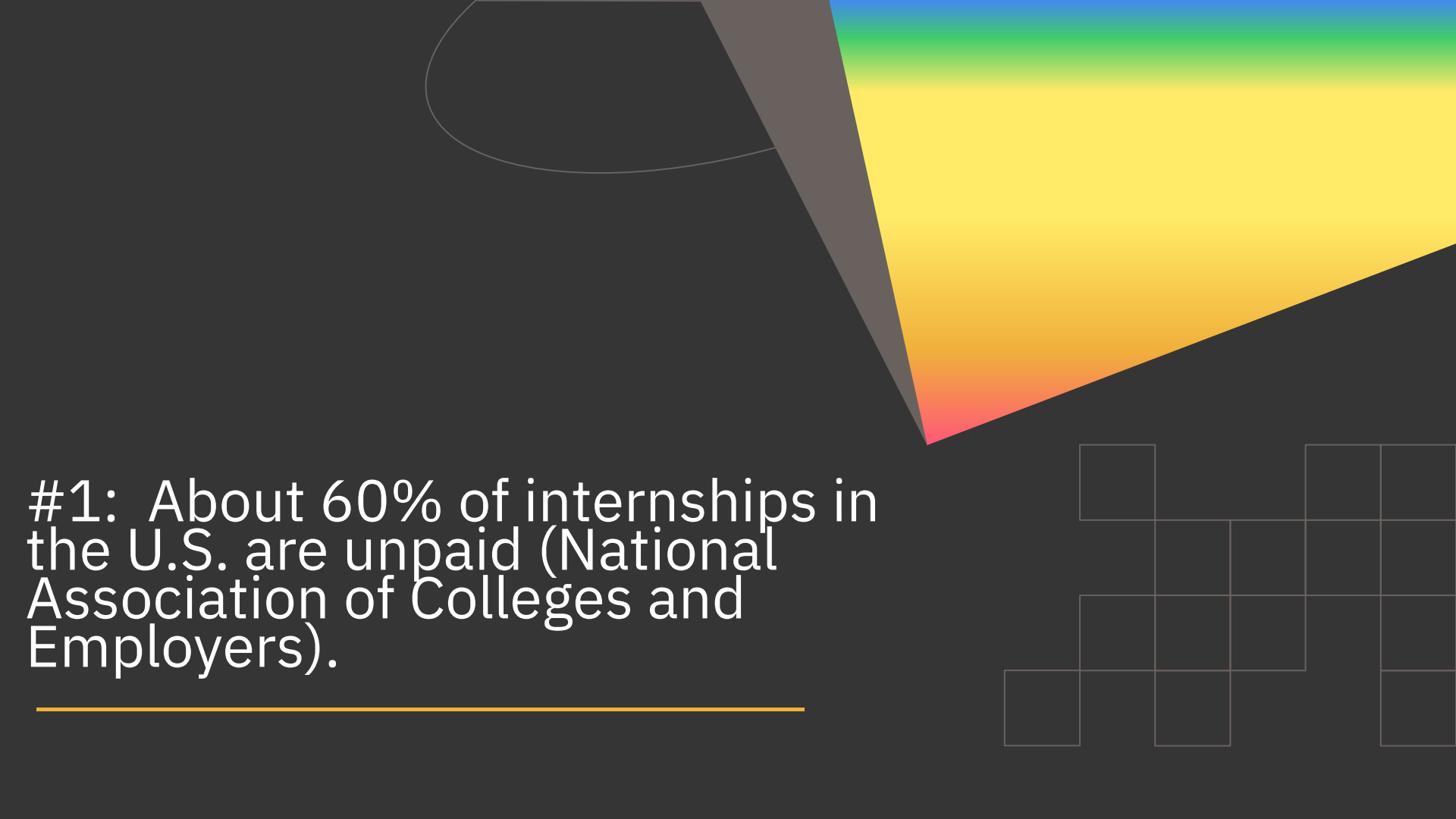
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Are they really benefiting you?



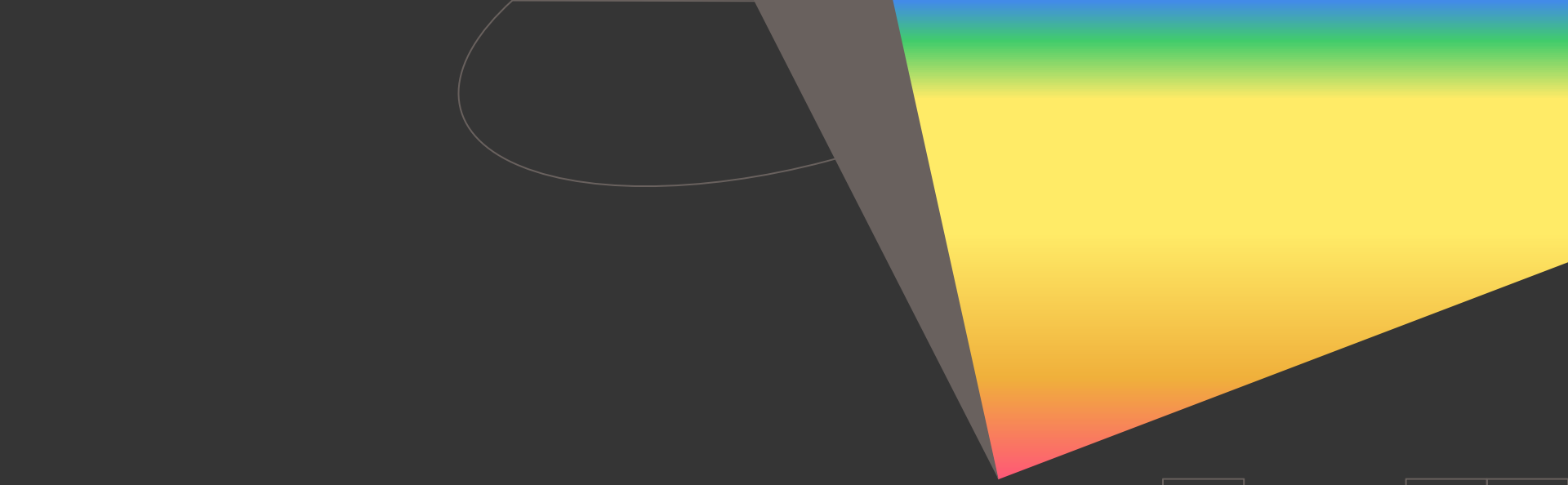
Internships are extremely important in order to gain experience in the work field and seeing what you truly enjoy. Despite this, there are many companies who will try and take advantage of you and the labor you provide. It is very important you now a couple of key statistics before deciding if the internship is right for you.

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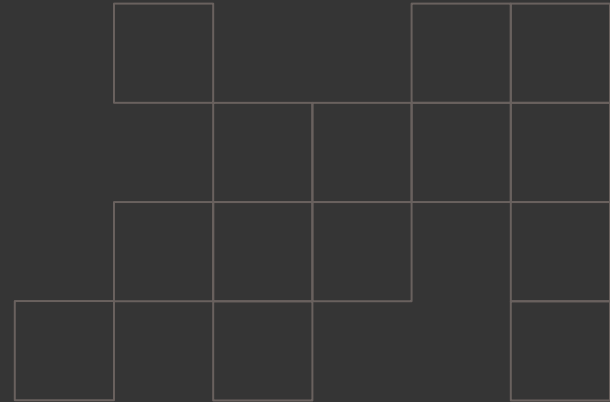
#1: About 60% of internships in the U.S. are unpaid (National Association of Colleges and Employers).

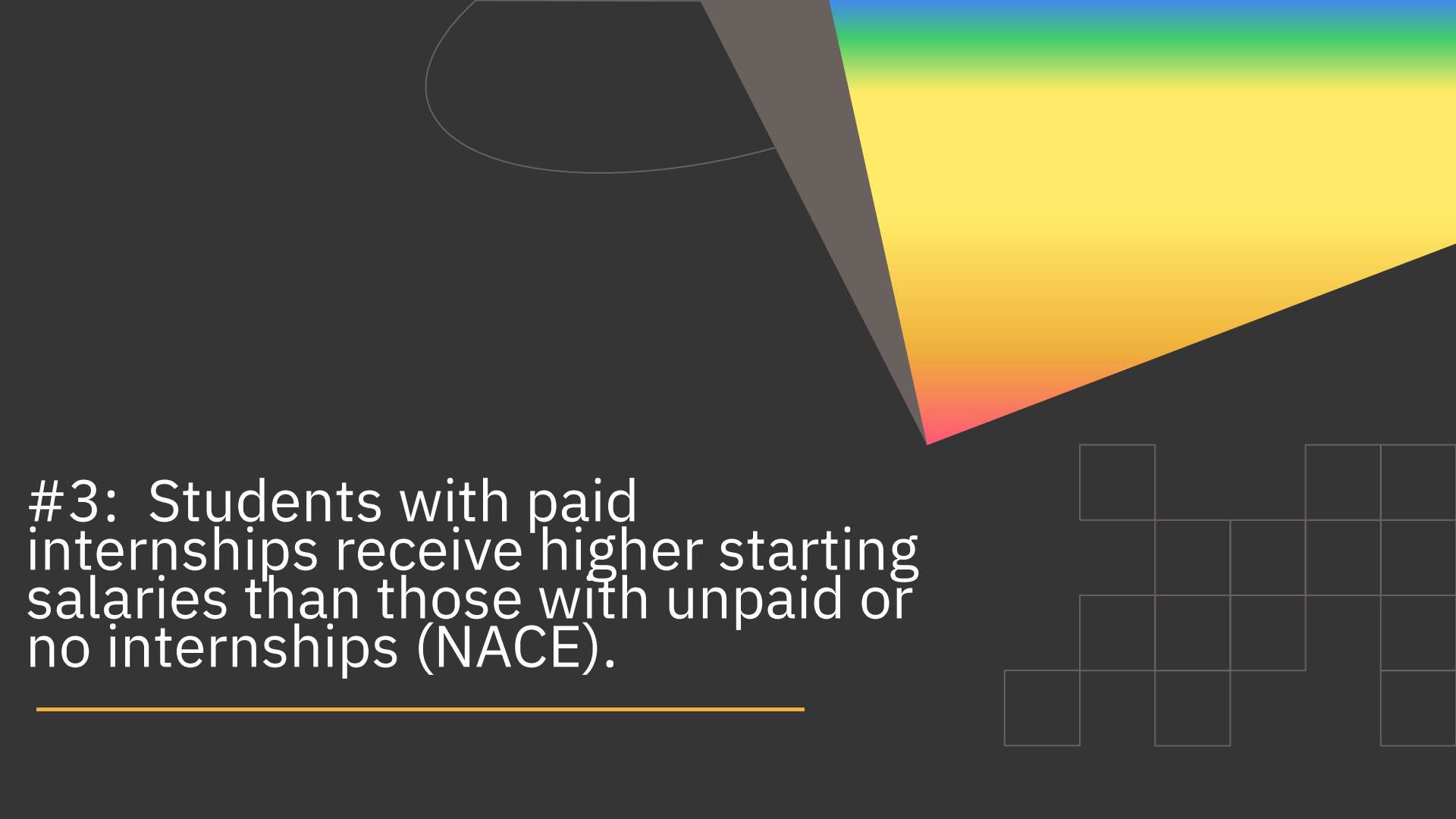
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#2: Paid interns are about 2x  
more likely to get a full-time job  
offer than unpaid interns. (NACE)

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#3: Students with paid internships receive higher starting salaries than those with unpaid or no internships (NACE).

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Take away:

Companies will try and use the labor you can provide for free and unless you have the funds to support yourself without needing the income, you should not take unpaid internships.

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